



# Department of School Education

Sheet No.113

## Career of the Day Friday

### Physiotherapist

Date 11/03/2022

#### What is it really?

Physiotherapists apply physical therapies (mostly massages and light physical exercises) to relieve pains or disorders associated with the musculoskeletal systems of humans. Such pains or disorders may arise out of injury, illness, surgical operations, or genetic inheritance. Physiotherapists apply various techniques and methods to relieve pains and disorders as well as help patients to recuperate from surgeries and rehabilitate to normal life.

#### Pathway 1

1. Class 10<sup>th</sup> with all subjects as per scheme of studies 2. +2 in science stream with Physics, Chemistry and Biology along with other subjects 3. Bachelor's in Physiotherapy 4. Master's degree in Physiotherapy

#### Colleges/Universities

1. Christian Medical College, Ludhiana 2. Government College for girls, Sector 11, Chandigarh 3. Government College for Girls Sector 42, Chandigarh 4. Government Medical College and Hospital and many other institutes

#### Pathway 2

1. Class 10<sup>th</sup> with all subjects as per scheme of studies 2. +2 in science stream with Physics, Chemistry and Biology along with other subjects 3. Diploma in Physiotherapy 4. Lateral entry

For details contact School Counsellor or visit Punjab Career Portal  
<http://punjabcareerportal.com> and [Mashaal Website:-](http://mashaal.ssapunjab.com)  
User ID: Student's E-Punjab ID <http://mashaal.ssapunjab.com>  
Password: 123456

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Mon- Sciences, Tuesday- Emerging Career, Wednesday- Arts, Thursday- Commerce  
Friday- Sports, Saturday- Entrepreneurship/Vocational/ NSQF/ Employment Generation